

Could one lead be to reappropriate the technique to promote the satisfaction of “ lean ” needs and regain one's autonomy ?



The commons : values of sharing and value of savings to promote the satisfaction of needs by promoting the empowerment of the individual.

The notion of common refers to a free and collective management of scarcity: a common is a resource shared, managed, and maintained collectively by a community; this establishes rules in order to preserve and perpetuate this resource while providing the possibility of the right to use it by all. These resources can be natural: a forest, a river; material: a machine tool, a house, a power station; intangible: knowledge, software.